ACADEMY OF KUNG FU & TAI CHI SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>5:30 pm - 6:30 pm</u>	10:00 am - 11:00 am	<u>5:30 pm - 6:30 pm</u>	10:00 am - 11:00 am		<u>8:30 am - 9:30 am</u>	8:30 am - 9:30 am
Room A Little Eagles 3-6 Basement Combination Class (Teen/Adult only)	Room A Beginning Kung Fu 13 and up 5:30 pm - 6:30 pm Room A Little Eagles 3-6	Room A Little Eagles 3-6 Basement Combination Class (Teen/Adult only)	Room A Beginning Kung Fu 13 and up 5:30 pm - 6:30 pm Room A Little Eagles 3-6		Room A Beginning Tai Chi Room B Advanced Tai Chi 9:30 am - 10:30 am	Room A Beginning Tai Chi Room B Advanced Tai Chi 9:30 am - 10:30 am
6:30 pm - 7:30 pm Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu	Basement Combination Class (Teen/Adult only) 6:30 pm - 7:30 pm Room A Advanced Kung Fu	6:30 pm - 7:30 pm Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu	Basement Combination Class (Teen/Adult only) 6:30 pm - 7:30 pm Room A Advanced Kung Fu 7-12		Room A Little Eagles 3-6 Room B Tai Chi Push Hands 10:30 am - 12:00 pm	Room A Little Eagles 3-6 Room B Tai Chi Push Hands 10:30 am - 12:00 pm
13 and up 7:30 pm - 8:30 pm Room A Cardio Kickboxing	7-12 Room B Advanced Kung Fu 13 and up 7:30 pm - 8:30 pm Room A Beginning Tai Chi	13 and up 7:30 pm - 8:30 pm Room A Weapons Fighting	Room B Advanced Kung Fu 13 and up 7:30 pm - 8:30 pm Room A Women's Self Defense		Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu 13 and up	Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu 13 and up

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7:30 pm - 8:30 pm Room A Cardio Kickboxing	7-12 Room B Advanced Kung Fu 13 and up 7:30 pm - 8:30 pm Room A Beginning Tai Chi	13 and up 7:30 pm - 8:30 pm Room A Weapons Fighting	Room B Advanced Kung Fu 13 and up 7:30 pm - 8:30 pm Room A Women's Self Defense		Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu 13 and up	Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu 13 and up

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Room A Beginning Kung Fu 7-12	(Teen/Adult only) 6:30 pm - 7:30 pm	Room A Beginning Kung Fu 7-12	(Teen/Adult only) 6:30 pm - 7:30 pm Room A		Room B Tai Chi Push Hands	Room B Tai Chi Push Hands
Room B Beginning Kung Fu	Room A Advanced Kung Fu	Room B Beginning Kung Fu	Advanced Kung Fu 7-12		10:30 am - 12:00 pm	10:30 am - 12:00 pm
13 and up 7:30 pm - 8:30 pm Room A Cardio Kickboxing	7-12 Room B Advanced Kung Fu 13 and up 7:30 pm - 8:30 pm Room A Beginning Tai Chi	13 and up 7:30 pm - 8:30 pm Room A Weapons Fighting	Room B Advanced Kung Fu 13 and up 7:30 pm - 8:30 pm Room A Women's Self Defense		Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu 13 and up	Room A Beginning Kung Fu 7-12 Room B Beginning Kung Fu 13 and up